

# AANGESPAST SPORTEN WARM WATER

## Maandag

Aqua Free	09:00 - 09:45
Aqua Fit	09:45 - 10:30
Fitness aangepast sporten	10:00 - 13:00
Aqua Mix	10:30 - 11:15
Aqua Free	11:15 - 12:00
Aqua Mix	12:00 - 12:45
Aqua Free	12:45 - 13:30
Aqua Free	13:30 - 14:15
Aqua Free	14:15 - 15:00
Aqua Mix	15:00 - 15:45
Aqua Free	15:45 - 16:30
Aqua Joggen	16:30 - 17:15
Aqua Mix	17:15 - 18:00

## Dinsdag

Fitness aangepast sporten	10:00 - 13:00
Aqua Mix Dames	12:00 - 12:45
Aqua Free Dames	12:45 - 13:30
Aqua Mix Dames	13:30 - 14:15
Aqua Mix	15:00 - 15:45
Aqua Free	15:45 - 16:30
Aqua Mix	16:30 - 17:15
Aqua Free	17:15 - 18:00
Aqua Free	19:00 - 19:45
Aqua Fit	19:45 - 20:30
Aqua Mix	20:30 - 21:15

## Woensdag

Aqua Free	09:00 - 09:45
Aqua Mix	09:45 - 10:30
Fitness aangepast sporten	10:00 - 13:00
Aqua Mix Dames	10:45 - 11:30
Aqua Joggen Dames	13:00 - 13:45
Aqua Mix Dames	13:45 - 14:30
Aqua Free Dames	14:30 - 15:15

## Donderdag

Aqua Free Dames	09:00 - 09:45
Aqua Joggen Dames	09:45 - 10:30
Aqua Mix Dames	10:30 - 11:15
Aqua Free Dames	11:15 - 12:00
Aqua Mix Dames	12:00 - 12:45
Aqua Mix	14:15 - 15:00
Aqua Mix	15:00 - 15:45
Aqua Free	15:45 - 16:30
Aqua Free	16:30 - 17:15
Aqua Mix	17:15 - 18:00
Aqua Free	19:00 - 19:45
Aqua Fit	19:45 - 20:30

## Vrijdag

Aqua Free	09:00 - 09:45
Aqua Mix	09:45 - 10:30
Aqua Mix	10:30 - 11:15
Aqua Mix	11:15 - 12:00
Aqua Joggen	12:30 - 13:15
Aqua Mix	13:15 - 14:00
Aqua Free	14:00 - 14:45